Wholegrain Wild Rye Flour

Our Wholegrain Wild Rye Flour is milled gently from the whole of the ancient grain wild rye in the traditional manner using a stone mill. Its very powerful taste makes this wholegrain flour particularly popular for use in bread.

We offer both a conventional version and an organic version.

Wholegrain Wild Rye Flour is particularly suitable for:

- Dark bread
- Rolls with a strong flavour

Ingredients:

100% Wild Rye

Nutritional values per 100g

Energy	1326 kJ 314 kcal
Fat / of which saturates	1,7g 0,3g
Carbohydrates / of which sugars	61,0g 1,0g
Fibre	14,0g
Protein	10,0g
Salt	<0,01g

Packaging sizes

25kg bags

Big Bag

loose loading

bags up to 10kg

Deliverable in

EU organic

conventional

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