Heimatsmühle
SEIT 1808

Wholegrain Rye Flour

Our Wholegrain Rye Flour is milled from all the valuable parts of the rye grain. It contains valuable nutrients, has a savoury taste, and ensures the long-lasting freshness of your baked goods.

We offer both a conventional version and an organic version (Naturland, Bioland, EU organic flour).

Wholegrain Rye Flour is excellent for making:

- Rye-wheat bread
- Rye bread
- Sourdough
- Wholegrain pizza

Ingredients:

100% Rye

Nutritional values per 100g

Energy	1326 kJ 314 kcal
Fat / of which saturates	1,7g 0,2g
Carbohydrates / of which sugars	60g 1g
Fibre	14g
Protein	7,7g
Salt	0,01g

Packaging sizes

25kg bags

Big Bag

loose loading

bags up to 10kg

Deliverable in

Bioland

EU organic

halal

conventional

kosher

Naturland

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