

# Wholegrain Oat Flour

Our Wholegrain Oat Flour is milled from all the valuable parts of the oat grain. This flour has a nutty taste and a high fibre content.

We offer both a conventional version and an organic version.

Wholegrain Oat Flour is ideal for:

- Bread and rolls
- Pancakes
- Oat biscuits
- Cakes

### **Ingredients:**

100% Oat

## Nutritional values per 100g

Energy	1569 kJ 375 kcal
Fat	8,0g
/ of which saturates	1,4g
Carbohydrates	58,1g
/ of which sugars	1,0g
Fibre	9,5g
Protein	12,3g
Salt	<0,1g

### **Packaging sizes**









25kg bags

Big Bag

loose loading bags up to 10kg

#### Deliverable in





EU organic

conventional