

## Wholegrain Barley Flour

Our Wholegrain Barley Flour is milled from the whole barley grain. The valuable grain parts included mean that the flour is rich in fibre and highly versatile.

We offer both a conventional version and an organic version.

Wholegrain Barley Flour is particularly suitable for making:

- Wholegrain bread and rolls
- Barley biscuits

### Ingredients:

100% Barley

### Nutritional values per 100g

Energy	1422 kJ 337 kcal
Fat / of which saturates	2,1g 0,53g
Carbohydrates / of which sugars	63,3g 1,71g
Fibre	9,8g
Protein	9,8g
Salt	0,046g

### Packaging sizes



25kg bags



Big Bag



loose loading bags up to  
10kg



### Deliverable in



EU organic



conventional