

Wheat Meal Fine/Medium/Coarse

Our Wheat Meal is made by milling the whole, cleaned wheat grain. It contains all parts of the grain (endosperm, bran, germ). The wholegrain meal therefore contains all the vitamins, fatty acids, fibre, and minerals that are contained in the whole grain. The main difference to wholegrain flour is that it is not so finely milled.

We offer both a conventional version and an organic version (Naturland, Bioland, EU organic flour).

Wheat Meal is particularly suitable for:

- Flavourful, savoury bread
- Fresh muesli

Ingredients:

100% Wheat

Nutritional values per 100g

Energy	1376 kJ 326 kcal
Fat / of which saturates	2,4g 0,3g
Carbohydrates / of which sugars	60g 0,7g
Fibre	10g
Protein	11g
Salt	<0,010g

Packaging sizes



25kg bags



Big Bag



loose loading

Deliverable in



Bioland



EU organic



halal



conventional



kosher



Naturland