

Rye Flakes Large or Small

Our Rye Flakes are made from steamed and rolled rye grains. We offer both a conventional version and an organic version.

Rye Flakes are particularly suitable for:

- Bread
- Small baked goods

Ingredients:

100% Rye

Nutritional values per 100g

Energy	1411 kJ 334 kcal
Fat / of which saturates	1,7g 0,2g
Carbohydrates / of which sugars	60,7g 1,0g
Fibre	14,0g
Protein	12,0g
Salt	0,1g

Packaging sizes



25kg bags



Big Bag

Deliverable in



EU organic



conventional