

Nigella Seeds

Our Nigella Seeds have a unique flavour that is slightly similar to that of sesame seeds and cumin seeds.

We offer both a conventional version and an organic version.

Nigella Seeds make a great:

- Topping for pitta bread
- Addition to rolls
- Seasoning for soup and vegetables

Ingredients:

100% Nigella Seeds

Nutritional values per 100g

Energy	1515 kJ
	362 cal
Fat	14,6g
/ of which saturates	0,62g
Carbohydrates	37,3g
/ of which sugars	7,46g
Protein	19,8g
Salt	0,04g

Packaging sizes





25kg bags

Big Bag

Deliverable in





EU organic

conventional