

Edible Wheat

Our Edible Wheat is very versatile. Wheat is the most popular type of grain for use in baking and has extremely good baking properties. Therefore, wheat is an excellent grain and ideal for baking bread and rolls. When cooked, wheat can be used as a nutrient-rich addition to dishes or as the basis for stews.

We offer both a conventional version and an organic version (Naturland, Bioland, EU organic flour).

Wheat grains are very good:

- For making wholegrain flour
- For overnight porridge or cooked wheat

Ingredients:

100% Wheat

Nutritional values per 100g

Energy	1376 kJ 326 kcal
Fat / of which saturates	2,4g 0,3g
Carbohydrates / of which sugars	60g 0,7g
Fibre	10g
Protein	11g
Salt	<0,010g

Packaging sizes



25kg bags



Big Bag



loose loading

Deliverable in



Bioland



EU organic



halal



conventional



kosher



Naturland