

Edible Rye

Our Edible Rye is very versatile. Rye is a popular type of grain for baking bread and rolls.

We offer both a conventional version and an organic version (Naturland, Bioland, EU organic flour).

Rye grains are very good:

- For making wholegrain flour
- For overnight porridge or cooked rye

Ingredients:

100% Rye

Nutritional values per 100g

Energy	1326 kJ 314 kcal
Fat / of which saturates	1,7g 0,2g
Carbohydrates / of which sugars	60g 1g
Fibre	14g
Protein	7,7g
Salt	0,01g

Packaging sizes



25kg bags



Big Bag



loose loading

Deliverable in



Bioland



EU organic



halal



kosher



conventional



Naturland